The Neuropsychiatric Institute, POWH & the Centre for Healthy Brain Ageing (CHeBA) invite you to:

DEPRESSION IN LATE LIFE

KEYNOTE SPEAKER
Professor Charles Reynolds III M.D
RANZCP Travelling Professor

EARLY BIRD RATES UNTIL 31 JULY:
Psychiatrist - $275
Trainee - $165
Rates increase by $55 after 31 July

Click here to register

Speakers include:
Professor Gavin Andrews
Professor Henry Brodaty
Professor Colleen Loo
Professor Sharon Naismith
Professor Gordon Parker
Professor John Snowdon
Dr Chanaka Wijeratne
Dr Viviana Wuthrich

Key topics include:
- Melancholia
- Neurobiology of late life depression
- Pseudodementia & pseudodepression
- Suicide in late life
- Bipolar disorder in late life
- “Internalising” disorders in late life
- Psychosocial treatment
- The future of late life depression
# Depression in Late Life: Current Status

Friday, 18th September: 9:00 am – 5:00 pm

<table>
<thead>
<tr>
<th>Session 1</th>
<th>Chair: Henry Brodaty</th>
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<tr>
<td>9:00 – 9:05 am</td>
<td>Chair: Welcome &amp; Introduction</td>
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<tr>
<td>9:05 – 9:30 am</td>
<td>Melancholia – Its status and age implications</td>
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<td>9:30 – 9:55 am</td>
<td>The neurobiology of late life depression</td>
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<tr>
<td>9:55 – 10:20 am</td>
<td>Bipolar disorder in late life</td>
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<td>10:20 am</td>
<td>MORNING TEA</td>
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<tr>
<th>Session 2</th>
<th>Chair: John Snowdon</th>
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<tr>
<td>10:40 – 11:05 am</td>
<td>“Internalising” disorders in late life</td>
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<tr>
<td>11:05 – 11:30 am</td>
<td>Depression, dementia, pseudodementia, pseudo-pseudodementia and pseudodepression</td>
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<tr>
<td>11:30 – 12:20 am</td>
<td>Keynote: Treatment of late-life depression, including treatment resistance</td>
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<td>12:20 pm</td>
<td>LUNCH</td>
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<tr>
<th>Session 3</th>
<th>Chair: Gordon Parker</th>
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<tr>
<td>1:20 – 1:45 pm</td>
<td>Suicide in late life</td>
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<tr>
<td>1:45 – 2:10 pm</td>
<td>Psychosocial treatment of late-life depression with comorbid anxiety</td>
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<tr>
<td>2:10 – 2:35 pm</td>
<td>ECT, brain stimulation and novel treatments: Current status</td>
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<td>2:35 pm</td>
<td>AFTERNOON TEA</td>
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| 3:00 – 4:00 pm                     | Panel Case Discussion |

| 4:00 – 5:00 pm                     | Final Panel: The future of late life depression |

## REGISTRATION INCLUDES
Registration includes attendance at ALL sessions, tea, coffee, refreshments, morning tea, lunch and afternoon tea.

**NON-PSYCHIATRIST RATES AVAILABLE**
**EARLY BIRD RATES APPLY BEFORE 31 JULY**

[REGISTRATION](#)
## Scienzia Professor Gavin Andrews

Gavin Andrews AO, MD, is Professor of Psychiatry at UNSW at St Vincent’s Hospital, Sydney. He is on the ISI Most Highly Cited list for psychology and psychiatry with more than 30,000 citations to his work. His research interests began with stuttering, extended to depression, epidemiology, treatment, classification, cost effectiveness, and now the internet treatment of internalising disorders.

## Dr Deborah Koder

Deborah Koder is currently the senior clinical psychologist for the Specialist Mental Health Service for Older People based at Royal Prince Alfred Hospital and has been working with older adults for over 25 years. Her clinical and research interests are cognitive-behaviour therapy for the treatment of late-life depression and anxiety, psychosocial approaches to challenging behaviours in dementia and influences on psychological service provision to older adults.

## Professor Sharon Naismith

Sharon Naismith is the Leonard Ullman Chair in Psychology at the University of Sydney. She is a Clinical Neuropsychologist and NHMRC Career Development Fellow. Her work in the area of cognitive and imaging correlates of late-life depression spans almost two decades and she now focuses on using neurobiological strategies for depression prevention, the overlap between mild cognitive impairment and depression and cognitive remediation techniques.

## Associate Professor Carmelle Peisah

Carmelle Peisah is an old age psychiatrist and conjoint Associate Professor at UNSW Australia. She is the Clinical Director, Specialist Mental Health Services for Older People (SMHOPS) in the Northern Sydney Local Health District. She is also President of Capacity Australia, a not-for-profit charity that promotes autonomy of decision-making.

## Professor John Snowdon

John Snowdon is an old age psychiatrist based at Concord Hospital and with the Camperdown SMHOPS team, and is a Clinical Professor (Sydney Medical School). He has researched and/or written about late life depression, suicide, delusional disorder and squalor/hoarding. He was the foundation chair of the RANZCP’s FPOA.

## Dr Chanaka Wijeratne

Chanaka Wijeratne is a Senior Specialist in the Academic Department of Aged Care Psychiatry at Prince of Wales Hospital, where he specialises in mood disorders and neurodegenerative diseases, and has a longstanding interest in ECT. He is a past recipient of an Australian Rotary Health grant to research bipolar disorder in older people.

## Dr Viviana Wuthrich

Viviana Wuthrich is a Clinical Psychologist and Senior Lecturer in the Centre for Emotional Health at Macquarie University. Her research is on the underlying mechanisms of, and treatment of, anxiety and depression in older adults, and children and adolescents, including the development and evaluation of psychosocial treatments.

## Scienzia Professor Henry Brodaty

Henry Brodaty is an internationally recognised authority on ageing and dementia. He is Scienzia Professor of Ageing and Mental Health, UNSW Australia; Co-Director, Centre for Healthy Brain Ageing (CHeBA); Director of Aged Care Psychiatry and Head of the Memory Disorders Clinic, Prince of Wales Hospital (POWH); Director of the Primary Dementia Collaborative Research Centre and has served on several NSW and Commonwealth committees related to ageing and dementia. He is the past chairman of Alzheimer’s Disease International, and past president of Alzheimer’s Australia and Alzheimer’s Australia (NSW).

## Professor Colleen Loo

Colleen Loo is a Professor based in the School of Psychiatry, UNSW Australia. She is a psychiatrist, researcher and academic, with a clinical base at St George Hospital and a research base at the Black Dog Institute (Sydney). She is internationally recognised for her research in Electroconvulsive Therapy and novel physical treatments, particularly Transcranial Magnetic Stimulation and transcranial Direct Current Stimulation.

## Scienzia Professor Gordon Parker

Gordon Parker is Scienzia Professor Psychiatry, UNSW Australia, and was formerly the Executive Director of the Black Dog Institute. His research priorities weight modelling and managing options for the mood disorders, particularly melancholia and the bipolar disorders.

## Professor Charles F. Reynolds III

Charles F. Reynolds III MD is the UPMC Endowed Professor in Geriatric Psychiatry at the University of Pittsburgh. He directs the NIMH sponsored Center of Excellence in the Prevention and Treatment of Late Life Mood Disorders and the UPMC/Pitt Aging Institute (www.aging.upmc.com).

## Ms Julie Strukovski

Julie has 37 years’ experience as a Registered Nurse specialising in Aged Care and SMHOPS, where she is currently Program Manager. She has qualifications in General Nursing, Mental Health Nursing, Gerontology and Behavioural Management. She worked for 8 years as the manager of a number of CALD specific Aged Care Facilities in which quality management and assessment of systems and processes was an integral function of the role. Julie has been instrumental in developing the Behavioural Assessment Management Service across NS LHD.

## Dr Viviana Wuthrich