

Is It Co-Design?

- Were you invited by the organisation to share if you felt that the project was co-designed?**
- Does the project or service that was designed reflect what you and fellow carers said you had wanted?**
- Did the organisation try to source funding to pay you for your time?**
- Did the organisation make it clear that participation was voluntary? Did the organisation make it clear that you will not be punished or receive poor service because of what you said or how you contributed?**
- Did the organisation give you enough information to make informed decisions?**
- Did the organisation make this information understandable for you and did it give you an opportunity to ask questions?**
- Did the organisation provide you with information about co-design?**
- Did the organisation include a broad range of carers who use the service?**
- Did the organisation support people from different or diverse backgrounds to participate?**



Is It Co-Design?

Did the organisation provide carers with lots of different opportunities to participate?

Did the organisation support everyone involved to actively participate and have a say in decisions about the design of the program/service?

At the start of the project was it clear how carers would be included in making decisions?

Did everyone involved (carers, consumers and the organisation) agree on how decisions will be made?

Did the organisation clearly explain the limitations of the project?

Did the organisation listen to your and fellow carer's concerns and fears and try to address them?

Did the organisation involve you as early as possible in the design process? (e.g. setting the agenda)?

Did the project have a clear purpose? Did everyone involved (carers, consumers and the organisation) agree on the purpose of the project?

Were the potential benefits of the project for carers clear? Did everyone involved (carers, consumers and the organisation) agree on what the project is expected to achieve?

