



# Mental Health Carers NSW

## EOI: Carers to participate in Zoom Focus Group for Feedback on Universal Aftercare Resource

The Agency for Clinical Innovation (ACI) invites carers to an online focus group to provide feedback on a proposed suicide-prevention resource. The resource is for service providers delivering the NSW Universal Aftercare Program. **Aftercare services are non-clinical and offer rapid, assertive follow-up support for individuals who have experienced suicidal thoughts, behaviours, or attempts.** We are particularly interested in gathering insights on carer experience from those who have supported a loved one who has used services due to a mental health crisis and/or received Aftercare services.

### Background

ACI, in partnership with the Mental Health Branch (MHB), NSW Ministry of Health has developed a Universal Aftercare service delivery model for NSW. The aim of this project is to deliver improved outcomes for all people experiencing suicidal crisis, with a focus on priority groups at increased risk of suicide. This resource aims to support the workforce in delivering effective follow-up care for individuals experiencing suicidal ideation, crisis or a recent suicide attempt.

### Event Details

The focus group will be held via Zoom on **Monday 28 October 4pm – 5:30pm**. There will be facilitated discussions about the role and involvement of family, carers, friends and kin in Aftercare services.

### Other Information

Selected participants will receive remuneration of \$40p/hour for their time and engagement, in line with [NSW Health Consumer Remuneration Policy](#).

As spaces are limited there will be a selection process if required. Please note that if you are selected and available, the draft resource will be circulated for your review prior to the focus group session. The session will also be recorded for note-taking purposes.

### Eligibility

We are looking for participants who have:

- Supported someone who has accessed aftercare services
- Supported someone who has experienced mental health crisis and/or suicidality (suicidal thoughts, behaviours, or attempts)

**MHCN Mental Health Carers NSW Inc.**

*Funded by the NSW Ministry of Health*

Suite 2.03, Level 2, 3 Spring St, Sydney, NSW 2000

Carer Connection Helpline: 1300 554 660 – Free Call

**P:** (02) 9332 0777

**W:** [www.mentalhealthcarersnsw.org](http://www.mentalhealthcarersnsw.org)

**E:** [MHCNadmin@mentalhealthcarersnsw.org](mailto:MHCNadmin@mentalhealthcarersnsw.org)



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## How to Apply

We are limited to 16 spots for this session, so please complete your expression of interest by **COB Friday 18 October** via <https://www.surveymonkey.com/r/HN3ZBVR>

For any further information, please email [mhcnadmin@mentalhealthcarersnsw.org](mailto:mhcnadmin@mentalhealthcarersnsw.org)

Thank you for considering this opportunity to contribute your valuable experience and insights to shape the delivery of Aftercare services in NSW.

Kindest Regards,

Mental Health Carers NSW on behalf of ACI

## EOI Screening Questions

1. Have you supported someone accessing Aftercare services? (Y/N)
2. Have you supported someone who has experienced suicidality, including suicidal thoughts, behaviours or attempts? (Y/N)
3. Are you willing and able to dedicate up to 1 hour (remunerated) for pre-reading/preparation as well as attend the 1.5 hour session on Monday 28 October? (Y/N)

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