

Mental Health Carers NSW Inc.

Submission to Mental Health Commission: Strategy for Mental Health and Wellbeing in NSW

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Have your say

Mental health and wellbeing in NSW



Please read the [Consultation Paper available here](#) before writing your submission. It gives context for each of the questions in this template.

Tips for using the template



Writing your submission

- You can type directly into this template.
- Or if you prefer, you can copy and paste text originally written in other programs such as Microsoft Word into this template. It should keep your formatting intact.



Submission length

- Please limit your submission to around 5000 words.
- Around 600-700 words in a regular 11pt font will fit on one page in this template's layout. If you were to fill every page, that would be around 5000 words.



How to lodge your submission

- Save the completed template on your computer or network.
- Go to the [Have Your Say website](#) and follow the instructions under “written submissions”.

Do you have to use the template? Use of the template is preferred but submissions and/or additional information or documents in other formats will be accepted. Please contact the Commission at MHC-Strategy@health.nsw.gov.au and we will guide you through the options.

About this submission

OPTIONAL

Is this submission written on behalf of a group such as a committee, expert panel or something similar?

Was it written as the result of a workshop, network process or something similar?

If so, please provide some brief details here so that we understand the context of where it is coming from. Please include the names/positions/organisations of participants if that is relevant (and if they consent for that to be provided).

If this is not relevant to your submission, simply leave this page blank.

1. What is working?

2. What is not working?

3. What needs to change?

4. How should change happen?

5. What could improve mental health and wellbeing across our communities?

6. What roles should NSW Government departments and agencies play in that?

7. How will we know that we are making a difference?

8. Is there anything else you would like to say?